



# SACRED HEART PARISH

**Sunday 17th August 2025**  
**20th Sunday in Ordinary Time**



**Priest: Kieran C.P.**

**Deacon: Joe Baxter**



**Parish Office:** 1B Glenview Street, Belfast, BT14 7DP

**Email:** [sacredheart@downandconnor.org](mailto:sacredheart@downandconnor.org)

**Phone:** 028 9075 1543

**Hours open:** 9am-2pm, Mon -Fri.

**Parish Secretary:** Cathy Carroll

**Sacristan:** Collette Delaney

**Acolyte:** Thomas Liddy

**Parish Webpage:** <https://www.sacredheartparishbelfast.com>

**Webcam:** <https://www.sacredheartparishbelfast.com/Webcam>

## ~Mass Times~

<b>Saturday Vigil:</b>	6.00pm:	Tommy McDyre, 1st Anniversary Mass
<b>Sunday Masses:</b>	9:30am:	Stephen Clarke, Anniversary Mass
	11:30am:	Shaun McMahon, Anniversary Mass
<b>Weekday Masses:</b>	Monday 10:00am:	Joe Tracey RIP, Recently Deceased
	Tuesday 7:00pm: Novena :	Brian Boyle, Anniversary Mass
	Wednesday 10:00am:	Marguerite Smith RIP, recently Deceased, America
	Thursday 10:00am:	Paul McKibbin, Anniversary Mass
	Friday 10:00am	

**Confessions & Adoration:** Saturday: 5:00pm - 5.45pm.

**Divine Mercy:** Friday 2:15pm, Exposition, Prayer and Confessions

## ~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month at 12.30pm.  
Please contact the parish office to arrange a baptism.

### ~Upcoming Feast Days~

16th August, St Stephen  
of Hungary  
19th August, St John Eudes  
22nd August, The Queenship of  
the Blessed Virgin Mary

### ~Sanctuary Candles~

The Mac Quillan Family  
Rose McGahan  
Aidan Fleming  
Marguerite Smith

*A Donation of £5 per candle is greatly appreciated*

### ~Recently Deceased~

Gerard O'Neill  
Kevin Wylie  
Rosina Lowry  
Mary Ellen Uprichard  
Nicola O'Neill  
Mona McErlean

*Eternal rest grant unto them, O Lord*

### ~Weekly Collection~

£1021.89

### ~Building Fund~

£297.59

Thank You For Your Generosity

### ~Anniversaries~

Jean Murphy (nee Beggs)

*Eternal rest grant unto them, O Lord*

### ~Baptisms~

Noah Alexander Lewsley  
Rian Patrick Kelly Corbett  
Sophia Duffy O'Hanlon  
Colson Francis McConville Carey

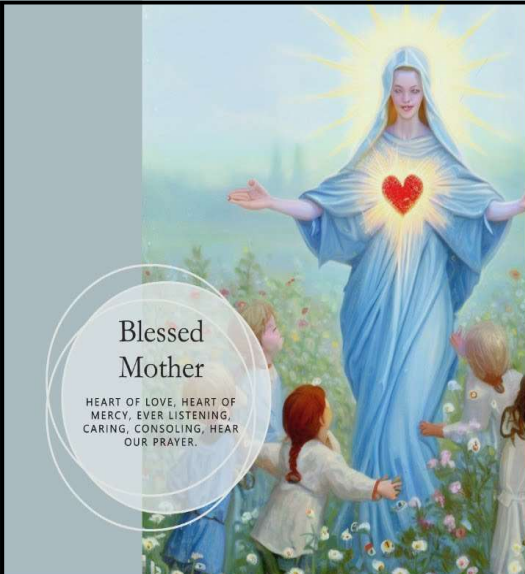
*Welcome into our Community*

## ~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

**The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.**  
**( Micah 6:8)**

## DATES FOR YOUR DIARY

	<div style="border: 2px solid blue; padding: 10px; background-color: yellow;"> <h3 style="color: red; margin: 0;">August Devotion: The Immaculate Heart of Mary</h3> </div>	<p style="text-align: center;"><i>Immaculate Heart of Mary</i></p> <p style="text-align: center;"><i>Dwelling pure and holy, cover my soul with your maternal protection, so that being ever faithful to the voice of Jesus, it responds to His love and obeys His Divine will.</i></p> <p style="text-align: center;"><i>Amen</i></p>
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**Ministers Of The Word** — Readers packs for the next few months are available from the Parish Office for collection.

**Day of Prayer and Reflection for the People of Gaza** - Bishop Alan will be sharing a video with his pastoral message which will be shared on the Diocesan website and all Social Media Platforms on August 24. The Catholic Church in Ireland has called for a day of Prayer and Reflection on Sunday, August 24<sup>th</sup> and for every Parish to take part in this sacred initiative, it is not just a symbolic gesture, it is a spiritual act of Solidarity. The hope is that August 24<sup>th</sup> will be a day of deep prayer. Offer your Sunday Mass for peace in Gaza, spend time in Adoration lifting up those who suffer, pray the rosary as a family, light a candle in your home or church as a sign of hope, reach out to your elected representatives urging them to support humanitarian aid and peace efforts, support trusted charities working on the ground.

**Aid to the Church in Need, Ireland** invites people to join their first national pilgrimage to Knock Shrine on Saturday August 30 to highlight the plight of Christians who suffer persecution for their faith in many parts of the world. Mass is in the basilica at 3pm – all welcome. For more info, see [www.acnireland.org](http://www.acnireland.org)

**Jubilee Year Opportunities at Lough Derg this August & September.** One Day Retreats/Guided Days of Prayer and Reflection, places available August 19<sup>th</sup>, 23<sup>rd</sup>, 24<sup>th</sup>, 25<sup>th</sup>, 30<sup>th</sup> & September 3<sup>rd</sup>, 6<sup>th</sup>, 7<sup>th</sup>, 9<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 21<sup>st</sup>. National Sacred Heart Crusade. A Sacred Heart Statue blessed by Pope Francis will be present for the Day Retreats on 23<sup>rd</sup>, 24<sup>th</sup> & 25<sup>th</sup> August. Canonisation of Blessed Carlo Acutis, Sun 7<sup>th</sup> September – special devotions and blessing with Carlo Acutis Relic. Admission €50. Group discounts available. Advance Booking Essential. Thursday 21<sup>st</sup> August, to mark National Heritage Week 2025 Lough Derg offers a day to immerse yourself in the story and heritage of the ancient Sanctuary. Guided Tour of Station Island and Boat Trip at 11am & 2:30pm. Admission €15. Concessions for students, children & families. Advance Booking Essential. Pilgrim Path Lake Shore Pilgrimage. In the footsteps of pilgrims through the centuries. Sunday 31<sup>st</sup> August. Guided 8km & 12km walk options available. Admission €25. Advance Booking Essential. Quiet Day Retreat. Come apart by yourself, and rest for a while, Friday 12<sup>th</sup> September. Admission €40 includes refreshments and lunch. Advance booking essential. Contact: [info@loughderg.org](mailto:info@loughderg.org) / Tel. 0(0353) 719861518, [www.loughderg.org](http://www.loughderg.org)

**Men's Jubilee Camino**, Sat Sept 13<sup>th</sup>, 20kms, from Dominican abbey, Carlingford to St Catherine's, Newry, via Newry Cathedral (Jubilee Indulgence). Mass, Adoration, Rosary, Confessions & Fraternity. Registration & details on [www.dominicans.ie/events/](http://www.dominicans.ie/events/). €70 (Lunch, dinner & bus), over 18's male event. Enquiries to [op.evangelisation@gmail.com](mailto:op.evangelisation@gmail.com)

**Hours of Prayer for Vocations to the Diocesan Priesthood.** All are warmly invited to St Colmcille's, Ballyhackamore, Thursday 22 August, beginning with Mass at 9:30am, for a 24-hour vigil of prayer for vocations to the diocesan priesthood. Come for any part of the day or night. Adoration, Confession, and refreshments available. Our Diocesan Seminarians will be present, and parish groups are encouraged to take part. To sign up or for more info, contact Fr Conor McGrath at [c.mcgrath@downandconnor.org](mailto:c.mcgrath@downandconnor.org)

**Legion of Mary.** Monday 7.30pm, Church of the Immaculate Heart of Mary, Antrim Road, Thursday, New Lodge Grotto, Rosary.

**Chatty Café.** Open Monday to Friday 10.30am to 12.30pm. Come and join us for a cuppa & a chat.

**AA Meeting** upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, Thursday at 7pm. (Ladies Group)

**Narcotics Anonymous (NA)** meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.

**Cocaine Anonymous (CA)** meet every Tuesday at 7pm upstairs in the Parish Centre.

**The Spred Group** meet every second Monday in the Parish Hall at 7pm.

**The Stitch and Crocheting Group** meet Thursday evenings, 7pm in the Parish centre. Come along and learn a new skill.

**Lifeline-24hr** 7 days a week 0808 808 8000  
**Samaritans** anytime night or day 116 123  
**St Vincent De Paul** 028 90351561  
**Cancer Lifeline** 028 90 351999  
**AA** 02890351222

**Al-Anon Family Groups** 028 9068 2368  
**PIPS** 0800 088 6042  
**Youth Education Health Advise** 02890 757 809  
**Diocesan Safeguarding Officer** Philip O'Hara 07534 992 124

Sacred Heart of Jesus, I place all my trust in Thee